

# SCIENTIFIC PROGRAM





# 4<sup>th</sup> Joint AEA-SEROD CONGRESS

4º Congreso conjunto AEA-SEROD

## SCIENTIFIC PROGRAM

KNEE AREA

SHOULDER AREA

ANKLE AREA

HIP AREA

WRIST AREA

SPINE AREA

MISCELLANEOUS AREA

### WEDNESDAY NOVEMBER 9TH · ROOM A1

08.30-09.30 h · ROOM A1  
SYMPOSIUM 1 - THE KNEE

#### Controversies in total knee arthroplasty

*President: Francisco Maculé*

*Speakers: José Antonio Guerrero, J. A. Hernández Hermoso, Peter Koch, Andrea Baldini y Thorsten Gehrke*

09.30-10.30 h · ROOM A1  
ORAL PRESENTATIONS - THE PROSTHETIC KNEE

#### Implementation of a rapid recovery program following TKR in patients over 80 years of age

*David Mateu Vicent, Josep Lluís Cabré Serres, Daniel Haro Fernández, Santiago Sabatés Mallorgues, Francesc Anglés Crespo, Margarita Novellas Canosa*  
Hospital Universitari Mútua de Terrassa. Barcelona

#### Floating knee arthrodesis using a modular uncemented intramedullary nail following multiple failed revision TKR's. Our experience

*Daniel Haro Fernández, David Mateu Vicent, Josep Lluís Cabré Serres, Marga Veloso Durán, Alfredo Matamala Pérez, Santiago Sabatés Mallorgues*  
Hospital Universitari Mútua de Terrassa. Barcelona

#### Implementing the fast track technique in knee prosthetic surgery in our Hospital

*Ayron Guerra Ferraz, Jose Luis Pais Brito, María José Gutiérrez Morales, María Aciego De Mendoza Gómez, María Ángeles Ayala Rodrigo*  
Hospital Universitario de Canarias, La Laguna, Santa Cruz de Tenerife

#### Using barbed sutures for wound closure following TKR. A prospective randomized study

*Paula Serrano Chinchilla, Jorge Amestoy Ramos, Carlo Gamba, Joan Leal Blanquet, Raúl Torres Claramunt, Pedro Hinarejos Gómez, Juan Francisco Sánchez Soler, Joan Carles Monllau García*  
Parc de Salut Mar, Barcelona

### WEDNESDAY NOVEMBER 9TH · ROOM A1

#### Topical tranexamic acid as a safe alternative in primary TKR

*David Manuel Ferreño Márquez, Álvaro López Hualda, Cristina Dauder Gallego, Fernando Dávila Fernández, Enrique Peces García, Javier Martínez Martín*  
Hospital Universitario Fundación Alcorcón, Madrid

#### Are the results of TKR different after an osteotomy? Prospective study with a minimum of 5 years' follow-up

*Raquel Martínez Torregrosa, Juan Francisco Sánchez Soler, Raúl Torres Claramunt, Joan Leal Blanquet, Pedro Hinarejos Gómez, Lluís Puig Verdú, Juan Carlos Monllau García*  
Parc de Salut Mar, Barcelona

10.30-11.00 h · ROOM A1  
OPENING CEREMONY

11.00-11.30 h · COFFEE BREAK

11.30-12.30 h · ROOM A1  
SYMPOSIUM 5 - THE KNEE

#### Kinematic alignment of the knee

*President: Inmaculada Gómez Arrayás*  
*Chairman: Juan Ramón Amillo*

- Knee kinematics and its application to knee arthroplasty  
*Jan Victor*
- Mechanical vs. kinematic alignment  
*Ricardo Larrainzar*
- Kinematic alignment in arthroplasty: tips & pearls  
*Andrea Baldini*

12.30-13.30 h · ROOM A1  
LECTURE

TKR in extra-articular deformities  
*Andrea Baldini*

13.30-15.00 h · WORKING LUNCH

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### WEDNESDAY NOVEMBER 9TH · ROOM A1

#### 15.00-16.00 h · ROOM A1 SYMPOSIUM 10 - THE KNEE

##### My failures in revision knee arthroplasty. What brought them about?

President: Javier Martínez Martín

Chairman: Andrés Camprodon Alberca

15.00-15.15 h My mistakes in the treatment of bone loss: metal or bone?

Francisco Montaner

15.15-15.30 h My mistakes in the treatment of infection

Thorsten Gehrke

15.30-15.45 h My mistakes in fixation: early mobilization

Andrea Baldini

15.45-16.00 h My second and third revisions: is there a limit?

Francisco Bauxauli

#### 16.00-17.00 h · ROOM A1 SYMPOSIUM 12 - THE KNEE

##### International Consensus on Periprosthetic Joint Infection

President: Luis Areizaga

Chairman: Tomás Mut

##### Expert panel:

Francisco Maculé, Thorsten Gehrke, Xavier Cabo,

José Cordero, J.C. Martínez, J. Baezo

A selection of questions about the Consensus will be discussed

#### 17.00-18.30 h · SEROD GENERAL ASSEMBLY - ROOM A1



### WEDNESDAY NOVEMBER 9TH · BARRÍA ROOM

#### 08.30-09.30 h · BARRÍA ROOM INSTRUCTIONAL COURSE 1 - THE SHOULDER

##### Basic concepts on glenohumeral instability

President: Pedro Ruíz Moneo

- What should we know before we operate on a patient with instability  
Pedro Ruíz Moneo
- Anterior, posterior and multidirectional capsulolabral repair techniques  
Miguel Lamarque
- Techniques to address bone defects: remplissage, Latarjet, bone blocks  
Emilio Calvo
- Failure in cases of instability. Why? What is to be done?  
Juan Azofra

#### 09.30-10.30 h · BARRÍA ROOM ORAL PRESENTATIONS - THE SHOULDER

##### Comparison of injuries observed in shoulder arthroscopy and those observed on arthro-MRI in patients with anterior glenohumeral instability. A preliminary study

Aurelia Lara Rubio, Lydia Escribano Rueda, María Álvarez

Postigo, Verónica Vicario De La Torre

Hospital Universitario de Getafe, Madrid

##### Comparison of the different diagnostic tests for a painful shoulder: MRI vs arthroscopy

Alejandro Bañuelos Díaz, Luis Enrique Pareja Corzo, Ramón

Herreros López, Guillermo Useros Milano, Verónica Álvarez

García, Manuel García Alonso

Hospital Universitario Rio Hortega, Valladolid

##### Is there a relationship between the critical shoulder angle and the functional results obtained following rotator cuff repair?

Carlos Iván Palomo Pizarro<sup>1</sup>, Carolina Fernandes Oliveira<sup>2</sup>, David Gómez Garrido<sup>3</sup>, Miguel Ángel Hernán Prado<sup>4</sup>

1. Complejo Hospitalario de Cáceres

2. Unidade Local de Saúde do Alto Minho, Viana Do Castelo, Portugal

3. Hospital General de Villalba, Madrid

4. Hospital Universitario Santa Cristina, Madrid



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### WEDNESDAY NOVEMBER 9TH · BARRÍA ROOM

#### Concordance between imaging tests and arthroscopy in patients with glenohumeral instability. Is it possible to reduce the recurrence risk by improving diagnostic sensitivity?

*Enrique Peces García, Araceli Mena Rosón, Fernando Amor Gámez, Famara Doblado Serrano, Homero Valencia García, Carlos Gavín González*

Hospital Universitario Fundación Alcorcón, Madrid

#### Larissimus dorsi transfer as a way of restoring shoulder external rotation. A biomechanical study

*Mauro Gabriel Maroa Salvucci, Jaime Arellano Arellano, Martín Jiménez Jiménez, Alessandro Nilo Fulvi, Jose Luis Gutiérrez Gutiérrez, Jose María Silberberg Muiño*

IMDOR, Madrid

#### Comparison of three surgical techniques for acromioclavicular joint stabilization. A biomechanical study

*Mauro Gabriel Maroa Salvucci, Jaime Arellano Arellano, Martín Jiménez Jiménez, Alessandro Nilo Fulvi, Jose María Silberberg Muiño*

IMDOR, Madrid

#### 11.00-11.30 h · COFFEE BREAK

#### 11.30-12.30 h · BARRÍA ROOM SYMPOSIUM 6 - THE WRIST

#### Distal fractures of the radius and the carpus. Arthroscopic treatment

*President: Eduardo Sánchez Alepuz*

*Chairman: Pedro Delgado*

11.30-11.38 h Tips and tricks for arthroscopic treatment of distal radius fractures

*Jaime De la Torre*

11.38-11.46 h Injuries associated to distal radius and scaphoid fractures

*Francisco Javier Lucas García*

### WEDNESDAY NOVEMBER 9TH · BARRÍA ROOM

11.46-11.54 h **Video technique:** Arthroscopic management of scaphoid fractures  
*Joaquim Casañas*

11.54-12.02 h Partial arthroscopic arthrodesis. indications, technique and results  
*Cristóbal Martínez*

12.02-12.30 h DEBATE. When should arthroscopy be used in distal radius fractures? What associated injuries should be treated? How?

*Chair: P. Delgado*

*Experts: Jaime De la Torre*

*Francisco Javier Lucas García*

*Joaquim Casañas*

#### 12.30-13.30 h · BARRÍA ROOM SYMPOSIUM 9 - THE WRIST

#### Acute and chronic scapholunate instability. Arthroscopic management

*President: Miguel Del Cerro*

*Chairman: Joaquim Casañas*

12.30-12.38 h Scapholunate instability: arthroscopic diagnosis and classifications  
*Mireia Esplugas*

12.38-12.46 h Therapeutic algorithm for scapholunate instability. What should I do?  
*Pedro Delgado*

12.46-12.54 h **Video technique:** scapholunate ligament repair  
*Fernando Corella*

12.54-13.02 h **Video technique:** capsulo-ligamentous suture  
*Vicente Carratalá*

13.02-13.30 h Discussion: treatment of scapholunate injuries

#### 13.30-15.00 h · LUNCHTIME WORKSHOP

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### WEDNESDAY NOVEMBER 9TH · BARRÍA ROOM

#### 15.00-16.00 h · BARRÍA ROOM ROUND TABLE 2 - THE ELBOW

##### Introduction to elbow arthroscopy

*President: Raúl Barco*

*Chairman: José Luís Ávila*

- 15.00-15.08 h Basic concepts of elbow arthroscopy: placement, preparation, portals, equipment, indications  
*José Luís Ávila*
- 15.08-15.16 h Diagnosis and treatment of the basic conditions affecting the anterior elbow compartment  
*Vicente Carratalá*
- 15.16-15.24 h Diagnosis and treatment of the basic conditions affecting the lateral and posterior elbow compartments  
*Luís Pérez Carro*
- 15.24-15.36 h What is the future of elbow arthroscopy?  
*Raúl Barco*
- 15.36-16.00 h Discusión

#### 16.00-17.00 h · BARRÍA ROOM ROUND TABLE 3 - THE ELBOW

##### Advanced elbow arthroscopy

*President: José Luís Ávila*

*Chairman: Raúl Barco*

- 16.00-16.10 h Advanced arthroscopic elbow arthrolysis  
*Luís Pérez Carro*
- 16.10-16.18 h Arthroscopy as an aid in elbow fractures  
*José Luís Ávila*
- 16.18-16.25 h Endoscopic release of the ulnar nerve  
*Vicente Carratalá*
- 16.25-16.32 h Arthroscopic distal biceps tendon resection  
*Manuel Leyes*
- 16.32-17.00 h Discussion

### WEDNESDAY NOVEMBER 9TH · ROOM A3

#### 08.30-09.30 h · ROOM A3 SYMPOSIUM 2 - THE KNEE

##### Treating degenerative knee arthropathy by infiltrations: are we just treating the symptoms or something more?

*President: Francesc Soler*

*Chairman: Iñigo Etxebarria*

- Steroids  
*Iñigo Etxebarria*
- Hyaluronic acid  
*Antonio Maestro*
- PRR  
*Mikel Sánchez*
- Cell therapy  
*Francesc Soler*

#### 09.30-10.30 h · ROOM A3 SYMPOSIUM 4 - THE KNEE

##### Meniscus lesions in children and adolescents

*President: Carlos Martín*

*Chairman: Carlos Arenaza*

- Save the meniscus! Conservative treatment of meniscopathy in children and adolescents  
*Antonio Laclériga*
- Meniscal sutures. When and how  
*Manuel Leyes*
- The role of meniscal implants  
*Ricardo Crespo*
- Transplants in children: a significant challenge  
*Joan Carles Monllau*

#### 11.00-11.30 h · COFFEE BREAK



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### WEDNESDAY NOVEMBER 9TH · ROOM A3

#### 11.30-12.30 h · ROOM A3 SYMPOSIUM 7 - MISCELLANEOUS

##### Ultrasound: the orthopedic surgeon's stethoscope

President: Javier de la Fuente

Chairman: Eugenio Cerezo

- Ultrasound in partial rotator cuff tears: its potential therapeutic repercussion  
*Silvia Martínez*
- Ultrasound in biceps tendon injuries. Relationship of such injuries with the subscapularis tendon. Anterior shoulder impingement  
*Javier de la Fuente*
- Ultrasound-guided intervention in the shoulder. Techniques and most frequent indications: subscapularis nerve block, ultrasound-guided lavage of calcifications  
*Ramón Balius*
- Ultrasound of peroneal tendon injuries  
*Joaquín Lemos - Silvia Martínez*
- Ultrasound arthroscopy: a new therapeutic window?  
*Carlos Cachán - Javier de la Fuente*

#### 12.30-13.30 h · ROOM A3 JOINT AEA-SETRADE SESSION

##### Ultrasound-guided arthroscopic techniques

President: Manuela González

Chairman: Enrique Gastaldi

- 12.30-12.50 h Ultrasound-guided endoscopic neurolysis of nerve entrapment syndromes of the elbow and forearm  
*Jordi Palau*
- 12.50-13.10 h Ultrasound-guided arthroscopic treatment of patellar tendinopathy  
*Jordi Puigdellívol*
- 13.10-13.30 h Ultrasound-guided treatment of effort-related compartment syndrome  
*David Codina - Ramon Balius*

#### 13.30-15.00 h · WORKING LUNCH

### WEDNESDAY NOVEMBER 9TH · ROOM A3

#### 15.00-17.00 h · ROOM A3 SYMPOSIUM 11 - THE ANKLE

##### Impingement syndrome and ankle tendoscopy

President: Gotzon Elorriaga

Chairman: Eneko Noaín

- Anterolateral impingement in top-performing athletes  
*José María Busto*
- Posterior ankle impingement  
*Juan Zaldua*
- Arthroscopic arthrolysis in post-traumatic sequelae  
*Gloria López*
- Tenotomy of the Achilles tendon body  
*Andrea D'Arrigo*
- Tendoscopy of the distal Achilles tendon insertion  
*David López Capapé*
- Peroneal tendon pathology  
*Jesús Vilá y Rico*

#### 17.00-18.30 h · ROOM A3 SYMPOSIUM 13 - THE ANKLE

##### Ankle instability

President: Roberto de los Mozos

Chairman: Andrea D'Arrigo

- Osteochondral talar lesions  
*Gotzon Elorriaga*
- Arthroscopic AMIC procedure for osteochondral talar lesions  
*Federico Uselli*
- Microinstability in ankle pathology. Arthroscopic treatment. All-inside technique  
*Jordi Vega*
- Treatment of instability using the Arthro Brostrom technique  
*Nuno Corte Real*
- Arthroscopic ligament repair in ankle instability  
**Video technique**  
*Jesús Vilá y Rico*



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### WEDNESDAY NOVEMBER 9TH · ROOM A2

#### 08.30-09.30 h · ROOM A2 SYMPOSIUM 3 - THE KNEE

##### Management of periprosthetic infections

*President: Luis Areizaga*

*Chairman: Tomás Mut*

08.30-08.35 h Introduction: Relevant facts on periprosthetic infection  
*Tomás Mut*

08.35-08.50 h Prevention and education  
*J. M. Hernández*

08.50-09.10 h How to go about diagnosis  
*José Cordero*

09.10-09.30 h The role of antibiotic therapy  
*Laura Guío*

#### 09.30-10.30 h · ROOM A2 CROSSFIRE 1 - THE KNEE

##### Surgical challenges

*President: Luis Areizaga*

*Chairman: J. Baeza*

09.30-09.45 h Implant preservation:  
Lavage and debridement  
*J.C. Martínez Pastor*

09.45-10.05 h One-stage revision TKR  
*Thorsten Gehrke*

10.05-10.25 h Two-stage revision TKR  
*Xavier Cabo*

10.25-10.30 h Tribute to Dr. Tomás Mut

#### 11.30-12.15 h · ROOM A2 SYMPOSIUM 8 - MISCELLANEOUS

##### Usefulness of 3D printing

### WEDNESDAY NOVEMBER 9TH · ROOM A2 and A3

#### 12.15-13.30 h · ROOM A2 ROUND TABLE 1 - MISCELLANEOUS

##### The cartilage

*President: Pedro Guillén*

*Chairman: Carlos Jaramillo Thomas*

- Introduction  
*Pedro Guillén*
- Mosaicplasty  
*Homero Valencia*
- Allografts  
*Jesús Moreta*
- Chondrocyte transplantation  
*Isabel Guillén*
- Microfractures  
*Nayana Joshi Jubert*

### 13.30-15.00 h · LUNCHTIME WORKSHOPS

#### 13.30-15.00 h · ROOM A3 WORKSHOP

##### How to write a scientific paper

*Workshop coordinators: Eduardo Sánchez Alepuz, Miguel Ángel Ruíz Ibán, Francesc Soler Romagosa*

- The ten most common mistakes found in originals sent to KSSTA  
*Roland Becker*
- Why am I one of the very few people publishing articles in Spain?  
*Pablo E. Gelber*
- Why should we submit papers to the Spanish Arthroscopy and Joint Surgery Journal?  
*Eduardo Sánchez Alepuz*
- Should I conduct research to publish or publish to do conduct research?  
*Miguel Ángel Ruíz Ibán*
- I would like to publish. Where can I make a contribution?  
*Francesc Soler*
- Key aspects in preparing a manuscript  
*María Luisa Bertrand*
- Responding to reviewers: the last hurdle  
*Adrián Cuéllar Ayestarán*



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WEDNESDAY NOVEMBER 9TH · ROOM A2

16.00-17.00 h · ROOM A2  
SYMPOSIUM 14 - THE SPINE

### Spine arthroscopy

*President: Alberto Marqués*

*Chairman: Carlos Lozano Marín*

- Transforaminal endoscopic approach to lumbar disc pathology  
*Ricardo Casal*
- Interlaminar endoscopic approach to lumbar disc pathology  
*Moisés Hernández*
- Interlaminar endoscopic approach to lumbar canal stenosis  
*Alberto Marqués*



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### THURSDAY NOVEMBER 10TH · ROOM A1

#### 08.00-09.00 h · ROOM A1 INSTRUCTIONAL COURSE 2 - THE KNEE

##### **Osteotomies around the knee: indications and techniques**

*Presidents: Elvira Montañez, Rafael Arriaza*

- Tibial and femoral osteotomy: basic concepts
- Specifics of the different techniques
- Typical and atypical indications (varus, valgus, patellar pathology and ligament instability)
- New technologies applied to osteotomy techniques

#### 09.00-10.00 h · ROOM A1 KEYNOTE LECTURE

##### **Surgical treatment of cartilage lesions of the knee.**

##### **Where are we in 2016?**

*Joao Espregueira*

#### 10.00-10.30 h · COFFEE BREAK

#### 10.30-11.30 h · ROOM A1 SYMPOSIUM 15 - THE KNEE

##### **Ligament balancing in TKR**

*President: Pablo Barrena*

*Chairman: Emilio Larrazábal*

- Introduction to the SEROD multi-center megaprosthesis study  
*Óscar Ares*
- Prosthetic knee instability: types and consequences  
*Pablo Barrena*
- Ligament balancing in intra-articular varus deformities  
*Antonio Cuevas*
- Ligament balancing in the valgus knee  
*Salvador Fornell*
- TKR in extra-articular deformities  
*Enric Castellet*
- Managing ligament balancing in computer-navigated TKR  
*Carlos Martín*

### THURSDAY NOVEMBER 10TH · ROOM A1

#### 11.30-12.30 h · ROOM A1 SYMPOSIUM 16 - THE KNEE

##### **New technologies in TKR: preparatory and intraoperative navigation**

*President: Ignacio García Forcada*

*Chairman: Vicente J. León Muñoz*

- CAS and custom cutting blocks: What is better and what is worse?  
*Peter Koch*
- Dynamic coronal axis in TKR. A study using navigated surgery  
*Ricardo Larraínzar*
- Navigated revision knee surgery: my experience  
*Ricardo Larraínzar*

#### 12.30-13.30 h · ROOM A1 EKA LECTURE

##### **Rotational alignment of the femoral component in TKR**

*Speaker: Ronald Becker*

#### 13.30-15.00 h · LUNCHTIME WORKSHOP

#### 15.00-16.00 h · ROOM A1 SYMPOSIUM 17 - THE KNEE

##### **The knee joint in the fifty-year-old patient**

*President: Mikel Sánchez*

*Chairman: Fabián Goitia*

- 15.00-15.08 h Meniscopathy  
*Ferrán Abat*
- 15.08-15.16 h ACL instability  
*Vicente J. León*
- 15.16-15.24 h Indications and limitations of osteotomy  
*Xavier Pelfort*
- 15.24-15.32 h Arthroplasty at age 50  
*Carlos Martín*
- 15.32-15.40 h Problems of the patellofemoral joint  
*Joan Leal*



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### THURSDAY NOVEMBER 10TH · ROOM A1

#### 16.00-17.00 h · ROOM A1 SYMPOSIUM 19 - THE KNEE

##### Factors influencing the results of ACL reconstruction

*President: Pablo E. Gelber*

*Chairman: Joao Espregueira*

16.00-16.10 h Lateral tibial plateau rotation in ACL injuries.  
Does It have Implications for reconstruction?  
*Joao Espregueira*

16.10-16.20 h Tibial slope and tibial notch anatomy  
*Eduard Alentorn-Geli*

16.20-16.30 h Psychological patient factors  
*Ricard Pruna*

16.30-16.40 h Clinical significance of bone marrow edema  
*Pablo E. Gelber*

16.40-16.50 h Recurvatum and neuromuscular factors:  
Solutions  
*Joan Carles Monllau*

16.50-17.00 h Discussion

#### 17.00-18.30 h · ROOM A1 SYMPOSIUM 21 - THE KNEE

##### Unicondylar TKR

*President: José Luís Martínez de los Mozos*

*Chairman: Fernando Arrate*

17.00-17.24 h Specificities of medial and lateral unicondylar  
prostheses  
*Gabriel Domecq*

17.24-17.36 h Fixed or mobile bearings in unicondylar  
prostheses?  
*Santiago Sabatés*

17.36-17.56 h Extended indications for unicondylar prostheses  
*José Aragón*

17.56-18.30 h Discussion

### THURSDAY NOVEMBER 10TH · BARRÍA ROOM

#### 08.00-09.00 h · BARRÍA ROOM INSTRUCTIONAL COURSE 3- THE SHOULDER

##### Rotator cuff tears: basic concepts

*President: Xabier Goikoetxea Uriarte*

- Classifying rotator cuff tears  
*Xabier Goikoetxea*
- Indications: current consensus  
*Pedro Ruíz Moneo*
- Repair techniques  
*José María Urreaga*
- Alternatives in massive and irreparable tears  
*Ángel Calvo*

#### 09.00-10.00 h · BARRÍA ROOM ORAL PRESENTATIONS - ARTHROSCOPY AWARDS

*President: Jorge Díaz Heredia*

*Chairman: Gabriel del Monte Bello*

##### Biomechanical cadaver study on the use of all-suture anchors for the repair of rotator cuff injuries

*Amaia Martínez Menduiña<sup>1</sup>, María Valencia Mora<sup>2</sup>, Roque Pérez Expósito<sup>1</sup>, Carolina Hernández Galera<sup>1</sup>, Mikel Aramberry Gutiérrez<sup>1</sup>*

1. Hospital Ramón y Cajal, Madrid
2. Hospital Fundación Jiménez Díaz, Madrid

##### Factors affecting the recurrence of anteroinferior shoulder instability following surgery. A medium-term follow-up study

*Miguel Ángel Ruíz Ibán<sup>1</sup>, Cristina Victoria Asenjo Gismero<sup>2</sup>, Santos Moros Marcos<sup>3</sup>, Raquel Ruíz Díaz<sup>1</sup>, Teresa Del Olmo Hernández<sup>2</sup>, Miguel García Navlet<sup>2</sup>*

1. Hospital Universitario Ramón y Cajal, Madrid
2. Hospital Monográfico Asepeyo, Coslada, Madrid
3. Hospital MAZ, Zaragoza

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#### Functional results of arthroscopic anatomic capsulolabral repair of recurring glenohumeral instability in young patients

*Enrique Peces García, Araceli Mena Rosón, Famara Doblado Serrano, Fernando Amor Gámez, Homero Valencia García, Carlos Gavín González*

Hospital Universitario Fundación Alcorcón, Madrid

#### Incidence and characteristics of glenohumeral lesions associated to acute acromioclavicular dislocation

*Miguel Angel Ruíz Ibán<sup>1</sup>, Juan Sarasquete Reiriz<sup>2</sup>, Juan Daniel Tovío Torres<sup>3</sup>, Mario Gil De Rozas<sup>4</sup>, Miguel García Navlet<sup>5</sup>, Eduardo Carpinteiro Palma<sup>6</sup>*

1. Hospital Universitario Ramón y Cajal, Madrid
2. Centro Médico Teknon, Barcelona
3. Hospital Universitario de Cruces, Bilbao, Vizcaya
4. Hospital Universitario Madrid Montepríncipe, Madrid
5. Hospital Monográfico Asepeyo, Coslada, Madrid
6. Hospital da Luz, Liboa, Portugal

#### Arthroscopic revision of a failed Latarjet technique

*Adrián Cuéllar Ayestaran<sup>1</sup>, Asier Cuéllar Ayestaran<sup>2</sup>, Ricardo Cuéllar Ayestaran<sup>2</sup>, Pablo Beltran De Heredia<sup>3</sup>*

1. Hospital Usansolo, Galdakano, Vizcaya
2. Hospital Donostia, San Sebastián, Guipúzcoa
3. Hospital Clínico Universitario De Valladolid

#### Measuring intra-abdominal pressure in hip arthroscopy: a prospective study

*Ana Castel Oñate<sup>1</sup>, Oliver Marín Peña<sup>2</sup>, Adrián Cuéllar Ayestarán<sup>3</sup>, Asier Cuéllar Ayestarán<sup>4</sup>, Jorge Ojeda Levenfeld<sup>1</sup>, Arturo Perera De Gregorio<sup>1</sup>, Ricardo Cuéllar Gutiérrez<sup>4</sup>*

1. Hospital Universitario Príncipe de Asturias, Madrid
2. Hospital Universitario Infanta Leonor, Madrid
3. Hospital Usansolo, Galdakao, Vizcaya
4. Hospital Universitario Donostia, San Sebastián, Guipúzcoa

#### 10.00-10.30 h · COFFEE BREAK

### THURSDAY NOVEMBER 10TH · BARRÍA ROOM

#### 10.30-11.30 h · BARRÍA ROOM KEYNOTE - THE SHOULDER

#### Shoulder microinstability. Concept, Diagnose and the correct treatment

*Chairman: Ángel Calvo  
Alessandro Castagna*

#### 11.30-12.30 h · BARRÍA ROOM SECHC SESSION - THE SHOULDER

#### An overall perspective on the unstable shoulder

*President: Alessandro Castagna  
Chairman: Juan Saraquete*

- The unstable traumatic shoulder: diagnosis, Indications and technique selection  
*Pietro Randelli*
- Laxity leading to shoulder instability. Diagnosis and treatment  
*Paolo Avanzi*
- Understanding shoulder microinstability. Treatment selection  
*Alessandro Castagna*
- Diagnostic and therapeutic approach to severe capsular defects  
*José Achalandabaso*
- New challenges and complications in surgery for shoulder instability  
*Ángel Calvo*

#### 12.30-13.30 h · BARRÍA ROOM CASE REPORTS - THE SHOULDER

#### Complex cases in shoulder pathology

*President: José Luís Ávila  
Chairman: Xavier Goikoetxea  
Discussion panel: Roman Brzoska, Miguel García Navlet,  
Juan Daniel Tovío, Alberto Sánchez*



# 4<sup>th</sup> Joint AEA-SEROD CONGRESS

4º Congreso conjunto AEA-SEROD

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### THURSDAY NOVEMBER 10TH · BARRÍA ROOM

A new technique for the management of anterior shoulder instability  
*Roman Brzoska*



#### 13.30-15.00 h · LUNCHTIME WORKSHOPS

#### 15.00-16.15 h · BARRÍA ROOM SYMPOSIUM 18 - THE SHOULDER

##### Degenerative rotator cuff surgery: alternatives and realities

President: *Miguel Ángel Ruíz Ibán*  
Chairman: *Miguel García Navlet*

15.10-15.20 h Why won't the rotator cuff heal? The biology of cuff repair  
*Raul Barco*

15.20-15.30 h Managing a degenerative yet intact rotator cuff: options and results  
*Jesús Ferrer*

15.30-15.40 h Surgery of the torn degenerative rotator cuff: options and results  
*Fernando Torres*

15.40-15.50 h Biologic therapy for the degenerative rotator cuff  
*Jorge Díaz Heredia*

15.50-16.00 h Fibers, meshes and other reinforcement devices. Are they any use?

New alternatives in the management of the degenerative rotator cuff. Surgery using the Ultratape system  
*Jose Luis Ávila, Eduardo Sánchez Alepuz*



#### 16.15-17.30 h · BARRÍA ROOM SYMPOSIUM 20 - THE SHOULDER

##### The long head of the biceps... yet again.

President: *Eduardo Sánchez Alepuz*  
Chairman: *Miguel García Navlet*

### THURSDAY NOVEMBER 10TH · ROOM A4

16.15-16.22 h Is the LHB truly non-functional?  
*Pablo Terol*

16.22-16.29 h When should I suspect that the pathology lies in the LHB?  
*Sergi Sastre*

16.29-16.36 h What are the options for conservative treatment?  
*Ferrán Abat*

16.36-16.43 h Can the tenodesis be performed just anywhere?  
*Álvaro Minuesa*

16.43-17.03 h Transosseus LHB tenodesis  
*Ángel Calvo*



17.03-17.30 h Discussion

#### 17.30-19.00 h · AEA GENERAL ASSEMBLY - BARRÍA ROOM



#### 09.00-10.00 h · ROOM A4 ORAL PRESENTATIONS - KNEE AWARDS

President: *Carlos Gavin*  
Chairman: *Gonzalo Samitier*

##### Primary repair of acute ACL injuries using dynamic stabilization. Surgical technique and assessment of results

*Andrés Valentí Azcárate, Jesús Payo Ollero, Jose María Lamo De Espinosa Vázquez De Sola, Juan Ramón Valentí Nin*  
Clínica Universitaria de Navarra, Pamplona

##### Use of an intraarticular catheter in fast track primary TKR. Does it improve standard practice?

*Libertad Cáceres Sánchez, Boris García Benítez, Marina Montero Pariente, Valle Coronado Hijón*  
Hospital San Juan de Dios del Aljarafe, Bormujos, Sevilla

##### Extrusion of an allogeneic meniscal transplant: Is lateral capsulodesis without an implant the solution?

*Maximiliano Ibáñez Malvestiti, Juan Erquicia Erquicia, Joan Carles Monllau García, Pablo Gelber Ghertner, Xavier Pelfort López, Angel Masferrer Pino, Federico Ibáñez Malvestiti*  
Icatme - Instituto Universitario Dexeus, Barcelona

# 9th, 10th, 11th November 2016 BILBAO

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### THURSDAY NOVEMBER 10TH · ROOM A4

#### Results of metaphyseal sleeves in revision knee surgery with a mean 6-year follow-up

*Carlos Martín Hernández, Victor Roda Rojo, Miguel Sanz Sainz, Andrés Gómez Blasco, Verónica García Calvo, Miguel Lizcano Palomares*

Hospital Universitario Miguel Servet, Zaragoza

#### Prospective randomized study on the use of cement in tibial components in revision TKR with titanium metaphyseal sleeves

*Jorge López Subías<sup>1</sup>, Carlos Martín Hernández<sup>1</sup>, Luis Javier Floría Arna<sup>2</sup>, Mercedes Campoamor González<sup>1</sup>, Carmen Martínez Aznar<sup>1</sup>, Adrián Martín Martínez<sup>1</sup>*

1. Hospital Universitario Miguel Servet, Zaragoza

2. Hospital Obispo Polanco, Teruel

#### Techniques for patellar resurfacing: the freehand technique vs. the cutting block technique

*Sara González Sánchez, Rose Elisabeth Ruiz Hudd, Sergi Gil González, Xavier Piqueres García, Manel Garrucho Vicente, Ferrán Collado Sáenz, Enric Cruz Olivé*

Hospital General de Granollers, Barcelona

#### 11.30-13.00 h · ROOM A4 BEST PRESENTATION

#### Tribute to Dr. Rafael Canosa

*President: Ricardo Cuéllar*

#### 15.30-16.30 h · ROOM A4 ORAL PRESENTATIONS - THE PROSTHETIC KNEE

*President: Alberto Sánchez*

*Chairman: Carlos Morales*

#### ACL repair using the "all-epiphyseal" technique in pediatric patients. Indication and preliminary results

*Zaira González Fernández<sup>1</sup>, Julio Duart Clemente<sup>2</sup>, Adrián Cuéllar Ayestarán<sup>3</sup>, Asier Cuéllar Ayestarán<sup>1</sup>, Laura Montes Medina<sup>1</sup>, Serafín García Mata<sup>2</sup>, Ricardo Cuéllar Gutierrez<sup>1</sup>*

1. Hospital Universitario de Donostia, San Sebastián, Guipúzcoa

2. Complejo Hospitalario de Navarra, Pamplona, Navarra

3. Hospital Usansolo, Galdakao, Vizcaya

### THURSDAY NOVEMBER 10TH · ROOM A4

#### Meniscus suturing: our experience and 10-year results.

#### Analysis of the influence of isolated vs. ACL repair-associated surgery on clinical-functional results in young adults

*Elías Enmanuel Javier Martínez, Silvia Bernaldo De Quirós Ramos, Jose Luís Gutiérrez García, María Luisa Fernández Hortigüela, Gloria López Hernández*

Hospital de Fremap, Majadahonda, Madrid

#### Autologous quadriceps tendon graft vs. hamstring graft in ACL repair: prospective, non randomized, comparative study

*Maria Victoria Pomenta Bastidas, Dragos Popescu, Sergi Sastre Solsona, Miguel Caballero, Maria Antonia Vives, Andrés Combalía Aleu*

Hospital Clínic de Barcelona

#### Clinical and radiological results following a quasi-anatomical reconstruction of the medial patellofemoral ligament with an autologous gracilis tendon graft

*Ángel Masferrer Pino<sup>1</sup>, Joan Carles Monllau García<sup>2</sup>, Pablo E. Gelber Ghertner<sup>3</sup>, Juan Erquicia Andreani<sup>1</sup>, Maximiliano Ibáñez Malvestiti<sup>1</sup>, Federico Ibáñez Malvestiti<sup>1</sup>, Xavier Pelfort López<sup>4</sup>*

1. ICATME - Hospital Universitari Dexeus, Barcelona

2. ICATME - Hospital del Mar, Barcelona

3. ICATME - Hospital Sant Pau, Barcelona

4. ICATME - Hospital Igualada, Barcelona

#### Treatment of patellofemoral instability in children with medial patellofemoral ligament reconstruction

*Dulce Clavero Santos<sup>1</sup>, Jorge Knörr Giménez<sup>2</sup>, Pedro Doménech Fernández<sup>2</sup>, Paula Díaz Gallardo<sup>2</sup>, Francisco Soldado Carrera<sup>2</sup>, David Moreno Romo<sup>2</sup>*

1. Hospital Universitario de Álava, Vitoria

2. Hospital Sant Joan de Deu, Barcelona

#### Applying the pie-crusting technique to the medial collateral ligament in knee arthroscopy. Ultrasonographic and anatomical study

*Guillem Claret García, Jordi Montañana Burillo, Manel Llusá Pérez, Dragos Popescu, Marian Vives Barquillo, Andreu Combalía Aleu, José Rios, Sergi Sastre Solsona*

Hospital Clínic de Barcelona





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### THURSDAY NOVEMBER 10TH · ROOM A4

16.30-17.30 h · ROOM A4

ORAL PRESENTATIONS - ARTHROSCOPY MISCELLANEOUS

*President: Xabier Goikoetxea*

*Chairman: Pedro Ruíz Moneo*

#### **Results of the arthroscopic repair of the anterior talofibular ligament in chronic ankle instability using the all-inside technique**

*Ramón Navarro Mont, Isabel Guillén Vicente, Dolores Pérez Pérez, Gema Gastaldi Llorens, Pilar Minuesa Minuesa, Pedro Guillén García*

*Clínica CEMTRO, Madrid*

#### **Evaluation of two surgical approaches to epicondylitis in the work setting**

*León Ezagüi Bentolila, Francesc Soler Romagosa*

*EGARSAT, Terrassa, Barcelona*

#### **Incidence of heterotopic calcifications in hip arthroscopy**

*Xabier Albillos Sánchez, Jorge Martínez Ezquerro, Asier Cuéllar Ayestaran, Ricardo Cuéllar Gutiérrez*

*Hospital Universitario Donostia, San Sebastián, Guipúzcoa*

#### **Return to sports following hip arthroscopy in soccer players**

*David Barastegui Fernández<sup>1</sup>, Roberto Seijas Vázquez<sup>2</sup>, Pedro Álvarez Díaz<sup>1</sup>, Eila Rivera Boix<sup>2</sup>, Xavier Cuscó Segarra<sup>2</sup>, Ramón Cugat Bertomeu<sup>1</sup>*

*1. Artroscopia GC. Fundación García Cugat. Hospital Quirón Barcelona. Mutualitat Catalana de Futbolistes, Barcelona*

*2. Artroscopia GC. Fundación García Cugat. Hospital Quirón Barcelona*

### THURSDAY NOVEMBER 10TH · ROOM A4

#### **Hip arthroscopy in the treatment of femoroacetabular impingement: all-inside vs. outside-in**

*Enrique Sandoval Rodríguez<sup>1</sup>, David Cimas Hernández<sup>2</sup>, María Dolores Martín Ríos<sup>3</sup>, Alberto Masegosa Urbistondo<sup>4</sup>, Emilio Calvo Crespo<sup>4</sup>*

*1. Hospital Universitario Severo Ochoa, Leganés, Madrid*

*2. Hospital Nuestra Señora de América, Madrid*

*3. Hospital Universitario Rey Juan Carlos, Móstoles, Madrid*

*4. Hospital Universitario Fundación Jiménez Díaz, Madrid*

#### **“Non-capsulotomy technique” for the arthroscopic management of femoroacetabular impingement: technical modifications and analysis of the first 50 cases**

*Nicolas Fiz Sánchez, Ane Miren Bilbao Sánchez, Juan Carlos Pérez Rodríguez, Jorge Guadilla Arsuaga, Juan Azofra Palacios*  
*Unidad de Cirugía Artroscópica, Vitoria-Gasteiz, Álava*

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### FRIDAY NOVEMBER 11TH · ROOM A1

#### 08.00-09.30 h · ROOM A1 INSTRUCTIONAL COURSE 4 - THE KNEE

##### Patellar instability

Presidents: *Juan Ramón Amillo, Pablo Barrena*

- Symptoms and imaging  
*Juan Ramón Amillo*
- Treatment of the first dislocation episode  
*Pablo Barrena*
- Open growth plates  
*Pablo E. Gelber*
- Trochleoplasty  
*David Dejour*
- MPFL reconstruction  
*Vicente Sanchís*
- Other kinds of surgery: tibial tuberosity advancement, VMO repair (Insall), MPFL reconstruction  
*David Dejour*

#### 09.30-10.30 h · ROOM A1 CROSSFIRE 2 - ACL CONTROVERSY

##### What to do about the posterolateral corner

President: *Manuel Leyes*

Chairman: *Iñaki Mediavilla*

Speakers: *Rafael Arriaza, Antonio Cruz, Manuel Leyes, Iñaki Mediavilla, Mikel Sánchez*

Using an endobutton in anatomic ACL surgery (adjustable loop femoral cortical suspension) and treating cartilage lesions with Warewolf RF

*Antonio Maestro y Francisco Morán*

#### 10.30-11.00 h · COFFEE BREAK



### FRIDAY NOVEMBER 11TH · ROOM A1

#### 11.00-12.30 h · ROOM A1 SYMPOSIUM 22 - THE KNEE

##### Update on multi-ligament knee injuries. Open and minimally-invasive techniques

President: *Antonio Cruz*

Chairman: *Igor González*

- 11.00-11.10 h Introduction  
*Antonio Cruz*
- 11.10-11.20 h Open reduction of the posterolateral and posteromedial corners. Is the old school still effective?  
*Manuel Leyes*
- 11.20-11.30 h Miniopen reconstruction of the posterolateral and posteromedial corners. Is that the future?  
*Pablo E. Gelber*
- 11.30-11.40 h Transtibial PCL reconstruction. Is the old school still effective?  
*Xavier Pelfort*
- 11.40-11.50 h All-inside ACL/PCL reconstruction. Is that the future?  
*Silvio Villaescusa*
- 11.50-12.00 h Arthroscopic reconstruction of the posterolateral corner  
*Juan D. Ayala*
- 12.00-12.10 h Revision surgery. Multi-ligament injuries  
*Joan Carles Monllau*
- 12.10-12.30 h Discussion

#### 12.30-13.30 h · ROOM A1 SYMPOSIUM 23 - THE KNEE

##### My repair failed. What do I do now?

President: *Sergi Sastre*

Chairman: *Iker Ibor*

Speakers: *David Moreno, Pablo E. Gelber, Manuel Leyes, Antonio Maestro, Sergi Sastre*





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### FRIDAY NOVEMBER 11TH · ROOM A1 BARRÍA ROOM

#### 13.30-14.30 h · ROOM A1 SYMPOSIUM 24 - THE KNEE

##### Reinforcing ACL repairs. Just a fad or is there something in it?

President: *Xabier Azores*

Chairman: *Iván Pintos*

- Introduction: Current results following ligament repair  
*Xabier Azores*
- Historical perspective on extra-articular reinforcement  
*José Achalandabaso*
- Anterolateral ligament  
*Silvio Villaescusa*
- Extra-articular reinforcement: current techniques  
*Bertrand Sonnery-CoVet*

- ACL surgery plus an anterolateral reinforcement  
*Diego García y Fernando Martínez*



#### 08.00-09.30 h · BARRÍA ROOM INSTRUCTIONAL COURSE 5 - THE HIP

##### Getting started in hip arthroscopy: positioning, portals and guidance

Presidents: *Marc Tey, Oliver Marín-Peña*

- 08.00-08.08 h Hip pathology. Layered overall analysis  
*Marc Tey*
- 08.08-08.16 h Examining the hip: signs and symptoms  
*Oliver Marín-Peña*
- 08.16-08.24 h Complementary tests: US, X-ray, MRI, CT-scan  
When, how and what for?  
*Óscar Casado*
- 08.24-08.32 h Patient expectations, Are questionnaires any use?  
*Alberto Sánchez*
- 08.32-08.40 h How to minimize the iatrogeny associated to the learning curve?  
*Ana Castel*

### FRIDAY NOVEMBER 11TH · BARRÍA ROOM

- 08.40-08.55 h Discussion I  
*Oliver Marín-Peña, Marc Tey, Óscar Casado, Alberto Sánchez, Ana Castel*
- 08.55-09.30 h Arthroscopic approaches to the knee. When and why should each of them be used
  - From central to peripheral  
*Gonzalo Couceiro*
  - From peripheral to central  
*Esther Navarro*
  - Extra-articular approach (outside-in)  
*Iñaki Mediavilla*
  - Discussion II  
*Beatriz Vallejo, Iñaki Mediavilla, Esther Navarro, Gonzalo Couceiro*

#### 09.30-10:30 · BARRÍA ROOM ROUND TABLE 4 - THE HIP

##### New developments in the central compartment

President: *Oliver Marín-Peña*

Chairman: *Raúl Torres*

- 09.30-09.45 h Teres ligament injury: fact or fiction?  
Teres ligament reconstruction  
**Video technique**  
*Luis Pérez-Carro*
- 09.45-10.00 h Chondral lesions: from perforations to grafting  
*Marc Tey*
- 10.00-10.10 h Cell cultures in hip surgery  
*Raúl Torres*
- 10.10-10.30 h Discussion (case reports)  
Chairman: *Oliver Marín-Peña*  
*Raúl Torres, Pedro Dantas, Ana Castel, Jesús Mas, Luis Pérez-Carro, Marc Tey*

#### 10.30-11.00 h · COFFEE BREAK

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### FRIDAY NOVEMBER 11TH · BARRÍA ROOM

11.00-12:00 · BARRÍA ROOM  
CROSSFIRE 3 - THE HIP

#### Hip instability: capsular closure

President: *Oliver Marín-Peña*

Chairman: *Juan Ribera*

11.00-11.08 h Capsule instability following arthroscopy.  
Fact or fiction?  
*Siôn Glyn-Jones*

11.08-11.38 h Capsule suturing technique  
*Ricardo Cuéllar*

11.38-11.46 h Principles of hip preservation surgery  
*Eric Margalet*

11.46-12.00 h Expert discussion  
*Carlomagno Cárdenas, Beatriz Vallejo,  
Luís Pérez-Carro*

12.00-13.00 · BARRÍA ROOM  
ROUND TABLE 5 - THE HIP

#### New developments in pincer impingement surgery

President: *Rafael Arriaza*

Chairman: *Roberto Seijas*

12.00-12.30 h Pincer resection and labralization.  
Labrum reattachment  
*Carlomagno Cárdenas, Siôn Glyn-Jones*

12.30-12.40 h Grafting of labral lesions: alternatives  
*Siôn Glyn-Jones*

12.40-13.00 h Expert discussion  
*Alberto Francés, Iñaki Mediavilla, Juan Ribera*

### FRIDAY NOVEMBER 11TH · BARRÍA ROOM

13.00-14:00 · BARRÍA ROOM  
ROUND TABLE 6 - THE HIP

#### Periarticular space of the hip

President: *Luís Pérez-Carro*

Chairman: *Gonzalo Couceiro*

13.00-13.10 h Periarticular impingement; etiology and  
treatment  
*Oliver Marín*

13.10-13.30 h Lesions in the ischial space  
Hamstring reattachment

#### Video technique

*Rafael Arriaza*

13.30-13.40 h Psoas tendinopathy. Indications  
*Pedro Dantas*

13.40-14.00 h Expert discussion  
*Eric Margalet, Prof. Siôn Glyn-Jones,  
Boris García-Benítez*

Surgery on specimen

Surgery on specimen

