SCIENTIFIC SESSIONS - EUSSE DAY

Friday, September 15

WELCOME SPEECH

ROOM PAVILLON · 14:15

Marco Conti – EUSSER President
Markus Scheibel – SECEC Congress President

KEYNOTE SESSION

SPORTING SHOULDER AND ELBOW INJURIES
Moderators: Marco Conti (Italy) & Milena Mirkovic (UK)
ROOM PAVILLON · 14:20 - 15:45

14.20-14:35 h
Shoulder pacemaker for functional shoulder instability
Philipp Moroder, Germany

14.35-14.50 h
Hypermobile shoulders in sport
Anju Jaggi, UK

14.50-15.05 h
Dyskinetic scapula in sport
Susanne Gard, Switzerland

15.05-15.20 h
The kinetic chain and its effect on shoulder injuries
Ian Horsley, UK

15:20-15.45 h
Q+A/Panel discussion

COFFEE BREAK

15:45 - 16:15

KEYNOTE SESSION

SHOULDER INJURIES IN SPORT – CONSIDERATIONS FOR REHABILITATION
Moderators: Suzanne Gard (Switzerland) & Philipp Moroder (Germany)
ROOM PAVILLON · 16:15 - 17:45

16:15-16.30 h
Shoulder injuries in tennis
Milena Mirkovic, UK

16.30-16.45 h
Shoulder injuries in rugby/boxing
Ian Horsley, UK

16.45-17:00 h
Shoulder injuries in gymnastics
Philippe Oddoux, France

17:00-17.15 h
Elbow injuries in handball and volleyball
Jelle Heisen, Netherlands

17.15-17.45 h
Q+A/Panel discussion

EUSSE GENERAL ASSEMBLY

ROOM PAVILLON · 17:45 - 18:45
CONJOINT SESSION SECEC - EUSSER

KEYNOTE SESSION

RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES - PART 1
Moderators: Anju Jaggy (UK) & Peter Brownson (UK)
ROOM PAVILLON · 09:00 - 10:30

09.00 h
Introduction

09.05-09.15 h
Shoulder “reconstruction” in goal keepers
Alessandro Castagna, Italy
09.15-09.30 h
Return to goal keeping following shoulder reconstruction
Ben Ashworth, UK
09.30-09.45 h
Questions and Answers

09.45-09.55 h
Rotator cuff repairs and return to sports in gymnasts
Markus Scheibel, Germany
09.55-10.10 h
Rehabilitation of rotator cuff tendinopathy in tennis players
Milena Mirkovic, UK
10.10-10.25 h
Q+A/Panel discussion

COFFEE BREAK
10:30 - 11:00

RETURN TO PLAY FOLLOWING SHOULDER AND ELBOW INJURIES - PART 2
Moderators: Yasmaine Karel (Netherlands) & Marco Conti (Italy)
ROOM PAVILLON · 11:00 - 13:00

11.00-11.10 h
Surgical options for AC joint sprains in contact sports
Raffaele Garofalo, Italy
11.10-11.25 h
Return to play following AC joint sprain/s
Mauch Frieder, Germany
11.25-11.40 h
Questions and Answers
11.40-11.55 h
Elbow MCL reconstruction in throwing athlete
Christian Gerhardt, Germany
11.55-12.10 h
Return to sport following elbow MCL reconstruction
Andre Le Leu, UK
12.10-12.25 h
Q+A/Panel discussion
12.25-12.35 h
SLAP repair in overhead athletes
Peter Brownson, UK
12.35-12.50 h
Return to handball following SLAP repair
Ewa Heidvall, Sweden
12.50-13.00 h
Q+A/Panel discussion

LUNCH BREAK

EXHIBITION BREAK · 13:00 - 14:00

PAPER PRESENTATIONS 1

SCIENTIFIC SESSION 15 · REHABILITATION I
Moderators: Ingrid Hultenheim Klintberg (Sweden) & Yasmaine Karel (Netherlands)
ROOM PAVILLON · 14:00 - 15:00
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PAPER PRESENTATIONS 2

**SCIENTIFIC SESSION 16 · REHABILITATION II**

*Moderators: Andre Le Leu (UK) & Dick Egmond (Germany)*

**ROOM PAVILLON** · 15:00 - 16:00

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WORKSHOPS

**ROOM PAVILLON** · 16:00 - 18:00

**16.00-17.00**

A1 - Upper limb screening tests for return to play  
*Ian Horsley, UK*

A2 - Exercise progression for RTP in overhead athletes  
*Susanne Gard, Switzerland*

**17.00-18.00**

B1 - Manual therapy for elbow rehabilitation in sport  
*Jelle Heisen, Netherlands*

B2 - Assessment and rehabilitation principles for the rotator cuff  
*Anju Jaggi, UK*