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ESTS-ERAS JOINT SESSION

Sunday 28 May 2017 17:00 - 18:00

Chairpersons: Alessandro Brunelli (Leeds/UK), Tim Batchelor (Bristol/UK)

ERAS and Patient-Centered Thoracic Surgery

In all surgical specialties there has been considerable interest in enhanced recovery after surgery (ERAS) over the last decade. ERAS is a multimodal perioperative care pathway whose aim is to speed recovery and improve outcomes in patients undergoing major surgery. In this session, the newly developed ESTS guidelines (produced in conjunction with the ERAS Society) will be introduced. Speakers with a track record in fast-track surgery will cover a number of important areas including improving fitness for surgery, the role of VATS within an ERAS pathway, and modern approaches to pain management. The ERAS pathway provides guidance to all involved in perioperative care, helping them to work together to provide the best care.

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| 17:00 Introduction | Alessandro Brunelli, Leeds/UK |
| 17:02 The Concept of fast track and ERAS in thoracic surgery | Robert Cerfolio, Birmingham/US |
| 17:10 Prehabilitation and rehabilitation for thoracic surgical patients | Babu Naidu, Birmingham/UK |
| 17:18 ERAS and surgical approaches in thoracic surgery | Rene Petersen, Copenhagen/DK |
| 17:26 Regional analgesia and adjuncts to pain management in thoracic surgery | Gerardo Cortese, Torino/IT |
| 17:34 ERAS/ESTS Joint Guidelines: purposes, methods and summary of recommendations | Tim Batchelor, Bristol/UK |
| 17:42 VTE prophylaxis in Thoracic Surgery. The ESTS-VTE working group report on international practice patterns and future directions | Yaron Shargall, Hamilton/CA |
| 17:50 Discussion | |
| 18:00 Adjourn | |